

Jump from Bed in Morning and Drink Hot Water

Tells why everyone should drink
hot water each morning
before breakfast.

Why is man and woman, half the time, feeling nervous, despondent, worried, some days headache, dull and unstrung by illness.

If we all would practice inside-bath, what a gratifying change would take place. Instead of thousands of half-sick, anemic-looking souls with nasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste material must be carried out, else it ferments and forms poisonous poisons which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of fine stone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning inside-bath. A quarter pound of limestone phosphate will not cost much at the drug store, but is sufficient to demonstrate to anyone its cleansing, sweetening and freshening effect upon the system.



It's a Long, Rough Road the way through life, and too many of us find it so beset with difficulties and troubles that we forget to look for the beauties Nature provides for us. Make the days pleasanter for somebody by sending them some of **OUR CUT FLOWERS** or a blooming plant or a palm as a token of love or friendship.

HOPKINS THE FLORIST

Tel. 730. 159 Main Street

Bring Your Prescriptions Here

If you want them filled with the purest and freshest drugs, and with the greatest care and accuracy—filled precisely as your physician orders them filled, to produce the exact effects he desires. We are proud of the record we have made in our prescription department. And yet we fill prescriptions at very reasonable prices, and fill them quickly too.

C. F. Thomas, Ph. G. DRUGGIST.

Put it
down

This question of how to invest safely and profitably is a matter of most vital importance. Those who know are investing their money in First Mortgages on Improved Oregon, Washington, Idaho and Montana farms. They realize that safety considered, they cannot invest their money to better advantage. We offer such mortgages in denominations from \$50 and up, yielding 6 per cent interest. Write, call or phone for information.

VERMONT LOAN & TRUST COMPANY BRATTLEBORO, VT.

THE MAN WHO IS DOING

his best carries life insurance for family protection and in anticipation of time when he cannot do his best. Our policies cover all contingencies. National Life Ins. Co. of Vt. (Mutual). — **ALBERT C. LAIRD, Special Agent, Abbot Block.**

OLD GRAIN FIRM IN FINANCIAL STRAITS

Griswold & MacKinnon of St. Johnsbury May Go Into a Receivership—Large Amount Involved.

ST. JOHNSBURY, April 27. — The firm of Griswold & MacKinnon, one of the best known wholesale grain houses in Vermont, is in financial straits. David E. Porter and Robert W. Simonds, counsel for the firm, are in charge of affairs and conducting the business. It is thought that the amount involved will be nearly \$150,000. On account of the banks refusing to extend further credit the firm has been unable to continue. The causes set forth are the great jump in prices owing to war conditions and the necessity of filling orders which were received at the old prices for future delivery. They have also lost heavily on account of the railroad embargoes. It is expected that a receiver will be appointed either to continue the business and straighten out affairs or to close it up. Captain E. F. Griswold, the senior member of the firm, is one of St. Johnsbury's oldest business men. He has recently returned from Montpelier, where he underwent an operation on his eyes, but the nervous shock incident to the impending failure of his concern has caused a complete breakdown and he is now in Brightlook hospital, suffering total blindness.

DIED OF STRAIGHT FLUSH.

Knife Duel Results When Player Puts Down in Half Hour.

PITTSBURG, Pa., April 27.—Death was the penalty Frank Lasurari paid for holding two straight flushes in a half hour in a poker game. Vincent Drago is under arrest accused of stabbing the other man to death.

Lasurari added nothing to his popularity when he won a jackpot with his first straight flush in a game participated in by five players. When he sprang another a little later Drago gave vent to his feelings. In the interchange that followed suspicion was cast on the genuineness of Lasurari's remarkable luck.

Both men drew knives. Watched by the other players, they fought desperately. Drago's blade found the other man's heart, while he with four hits on his right arm was taken to the Allegheny General hospital by his companions and after his wounds had been dressed he was lodged in the Allegheny police station.

RECEIVERS APPOINTED.

Colton Manufacturing Co. of Montpelier in Financial Difficulties.

MONTPELIER, April 27.—Receivers were appointed yesterday by Judge Fred M. Butler in county court for the Colton Manufacturing company of this city upon a petition brought by the First National bank, the Montpelier National bank and George C. Bailey, representing themselves and other creditors. Arthur G. Eaton and Levi Rixby, cashiers, respectively of the banks named, were agreed upon by the creditors and the company.

The indebtedness of the concern is \$45,500, and interest, secured by mortgage, and \$50,000, unsecured. The company was established by George Stratton and the business purchased in 1901 by Henry C. Colton. In recent years Frank M. Corry and William A. Adams became identified with the concern. The concern manufactured saddlery, hardware and the demand has steadily decreased the past few years.

WINDHAM.

Bequests by Miss Mack.

The friends of the family will be pleased to learn that Miss Nellie M. Mack left by her will a substantial sum of money for the use of the Windham Congregational church and Windham Center Cemetery association.

Mrs. James M. Eastman was found unconscious in her room Sunday about noon. It was soon discovered that she had been stricken with apoplexy.

The Easter exercises Sunday, given by the Sunday school in place of the usual morning service, were very interesting. There was a good attendance, considering the rainy weather.

The annual meeting of the Glee Mountain Sunday School association will be held in the Congregational church in this place Thursday, May 4. There will be morning, afternoon and evening sessions. In the evening an address will be given by Rev. Charles A. Boyd.

SOUTH WINDHAM.

Miss Ella Howe is at work at Walter Rand's.

The commissioners met at Mrs. Kittie Jones's Tuesday.

Mr. Barbee started his mill Monday and L. E. Jenison's Tuesday.

A. G. Barbee and family have returned from Springfield, Mass.

Mrs. Emma Clark of Brattleboro is visiting her daughter, Mrs. A. L. Howe.

Miss Bessie Tenney went to Westminster Monday to work for Mrs. Peck.

Mrs. Alfred Briggs of Wardsboro is caring for Mrs. Walter Rand and infant son.

August Carlson and Mrs. Elora Rhodes are listed among the sick ones this week.

Mrs. Walter Rand sustained a shock Tuesday morning and is in a critical condition.

Mrs. M. M. Barber, who spent the winter in the Holden house, moved back to her own home Monday.

Will Hafford, who had been visiting at his home in New York state, returned Friday, accompanied by his brother.

Mrs. F. H. Robbins visited her nieces, the Misses Pierce, in Brattleboro this week and attended the missionary meeting.

Miss Edith Adams was called home from her school at Brookside Tuesday by the critical illness of her sister, Mrs. Walter Rand.

TOWNSHEND.

The Easter Observance.

Easter Sunday was fittingly observed in the Congregational church by a concert by the children at the close of the regular morning service. Mrs. Charles Mills and Mrs. R. H. Bosworth were in charge of the program, assisted by the three teachers of the graded school.

At the opening of the church service the children marched in in procession and were seated in a body. Special music was given by the regular choir, and an inspiring sermon on immortality was preached by the pastor, Rev. R. H. Bosworth. After the benediction the children occupied the choir seats and rendered a pleasing musical program, including several anthems and choruses, two songs by the primary class, and an effective and pretty picture was made in the song by Ruth Barry, Carl Sayre and Dorothy Meacham, who were grouped behind a large evergreen star. A duet was given by Ruth and Dorothy Hebb and two appropriate recitations by Miss Anne Danchy and Miss Ruth Palmer. The church was tastefully decorated with potted plants, banded against the railing and at each side of the pulpit several pots of Easter lilies were included, adding to the effect.

No special Easter service was given in the Baptist church. An Easter Anthem, Christ Is Risen, and response were given by the choir, with soprano and tenor solos and obligato.

The pastor, Rev. J. Lawrence, gave an eloquent address on the subject Jesus Wept. The church was decorated with geraniums, primroses, forsythia and foliage plants. The evening union service also was held in this church, Rev. Mr. Lawrence occupying the pulpit.

Mrs. Flora Reed has finished work as cook at the Townshend Inn.

Mrs. Minerva Livermore of Jamaica is visiting in the home of her niece, Mrs. Effie Farwell, and brother, H. S. Kidder.

A lamp used for heating purposes in Will Blood's chicken house exploded Tuesday, killing 16 of the small chickens.

Mr. and Mrs. Walter Cudworth and son visited in the home of Eugene Cudworth last week and attended the play, The Squire's Daughter.

A meeting of the Townshend baseball association was called Tuesday evening. The attendance being small, no business was done, and another meeting will be held Saturday evening of this week.

J. C. Snow and Leon Bruce started Tuesday for New York, where they will visit at the home of Mr. Snow's father, Clarence Snow. The two young men plan to go from there to South America.

Mrs. R. L. Fitch and children, Cara and Grace, returned Monday from Saxtons River, where Mrs. Fitch had been caring for her mother three weeks. Mrs. Fitch expects to return there the last of the week.

The total receipts of the play, The Squire's Daughter, and dance Friday evening amounted to \$75.75. In addition to this sum \$16.45 was received from the sale of ice cream by the T. O. R., making the total proceeds of the evening \$92.20.

Committees have been appointed by both Congregational and Baptist churches to have charge of plans of arrangements and entertainment May 12, when the Windham County Interdenominational Sunday School association will hold an all-day session here. The services day and evening will be held in the Congregational church, while dinner and supper will be served in the Baptist church parlors. Mr. Danchy, secretary of the association, has not yet received the program for the day, but it is known that Rev. C. A. Boyd, of Burlington, general secretary of the Vermont Sunday School association, will be present, also other prominent workers.

WEST TOWNSHEND.

Charles M. Deane was in Brattleboro Monday.

Guy Barber and Charles O. Kimball were in Brattleboro Saturday.

Samuel Bishop of Windsor spent the week-end with his uncle, John Bishop.

Mrs. Ella Grout has returned here, having spent several months in Farley, Mass.

Mrs. George T. Gale spent the week-end with her son, Harold C. Gale in Bellows Falls.

Mrs. Wesley B. Howard returned Monday from a few days' visit with relatives in Brattleboro.

Dr. and Mrs. George T. Gale received news last week of the birth of a grandson, a son to Mr. and Mrs. Harold C. Gale of Bellows Falls.

Miss Dorothy Taft, teacher in the Austine Institution in Brattleboro, spent a few days the past week with her parents, Mr. and Mrs. W. H. Taft.

LONDONDERRY.

Frank Davis and Newton Lakin are ill.

Ed Slate was in Keene, N. H., and Worcester, Mass., last week.

Ray Rounds and Malcolm Barney have gone to Springfield to work.

Arthur Wade and friend of Springfield are at A. H. Wade's a few days. Alvah Styles has moved from the Wheeler Jaquith place to the Bragg place.

Mr. and Mrs. Abbott Davis of Springfield were at Frank Davis's over Sunday.

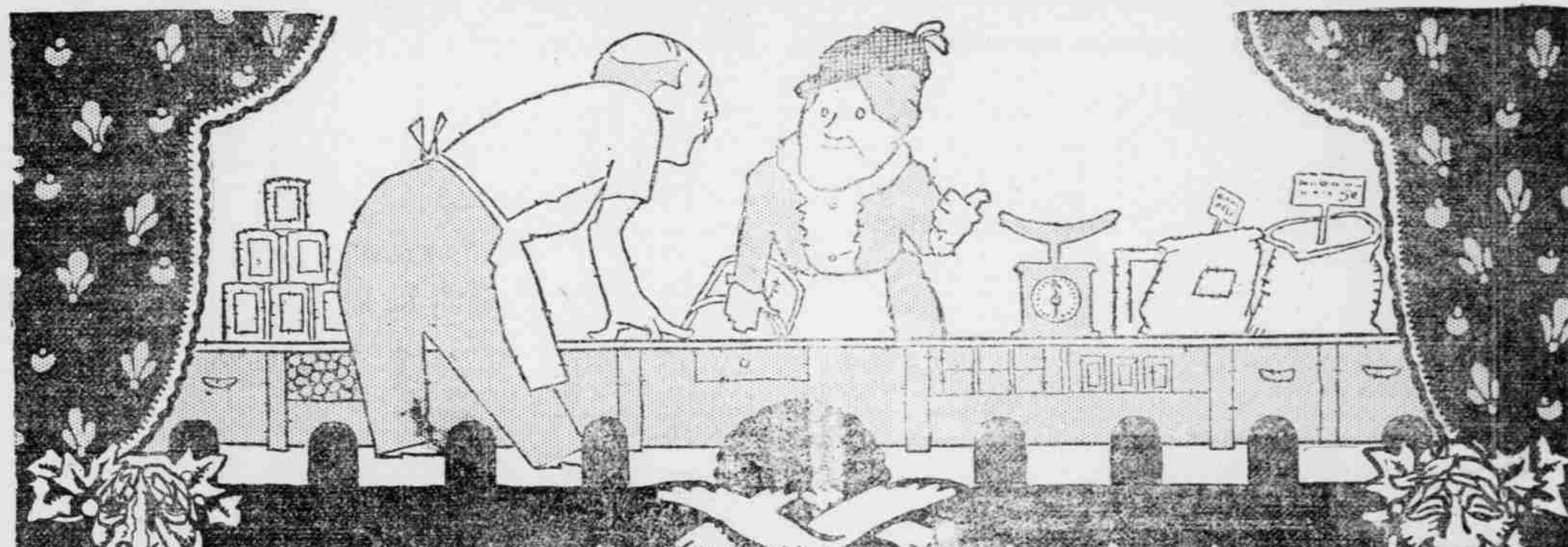
Mrs. Larrabee has gone to her daughter's in Framingham, Mass., for the summer.

Mrs. Kate Childs, who spent the winter with her daughter in Ludlow, has returned to her home here.

Miss Marjorie Waite and Mrs. Blanch White, who were operated upon for appendicitis, came from the hospital Saturday.

Leon Hall of Manchester and Miss Marion Carver of Weston Island were married at her home Thursday evening. A few relatives were present. They will live at Weston Island.

P. M. Leonard received news Sunday morning of the death of his brother-in-law, John Busch of Wakefield, Mass. He was killed by the explosion of a shell from the battleship



SOCONY KERO-SCENES

Mrs. B.—"I see you've signed up."

Mr. C.—"I don't get you."

Mrs. B.—"Yes, you do, you got me when you signed up."

Mr. C.—"Signed up?"

Mrs. B.—Yes, you've got up the SOCONY Kerosene Sign. What I mean is, I prefer to buy goods that are good enough to have a name. You sell SOCONY Kerosene. That's how you got me. Do you get me?"

Mr. C.—(enthusiastic) "Get you! I'll tell you what, Mrs. Button. I've been sell-

ing long enough to know that there is a difference in kerosene. Some burns clear and bright—some doesn't. Some smokes, some cruds the wick—some doesn't. Some is economical. Some isn't. But here's one thing to remember. The Standard Oil Company of New York isn't going to put its name—SOCONY—on a product unless it is the best. That name is too valuable."

Mrs. B.—"I realize that. That's why I trade where I see the SOCONY Kerosene Sign. That's why I buy by name. Send up 5 gallons of SOCONY on the first trip in the morning."

CURTAIN

STANDARD OIL COMPANY OF NEW YORK
PRINCIPAL OFFICES: NEW YORK ALBANY BUFFALO BOSTON

We recommend the following oil burning devices as the best of their kind: New Perfection Oil (Cookstoves and Water Heaters, Perfection Smokeless Oil Heaters, Rayo Lamps and Lanterns.)

SAFEST and BEST



STANDARD OIL CO. N.Y.

Maine. He was trying to extract the powder from the shell. His son, John, was seriously injured.

SOUTH LONDONDERRY.

Nanna French of Weston is a guest at P. M. Carley's.

E. P. Haunum of Troy, N. Y., was a guest at A. Melendy's last week.

Mrs. Annie C. Melendy returned from a several weeks' visit to Swampscott Saturday.

Hattie Fuller returned to the Slade district in Windham to teach, beginning Monday.

Harry Starks has moved into the tenement vacated by J. B. Johnson on Main street.

Norman Hunt attended the state encampment of the Sons of Veterans in Burlington last week.

Rachael Griswold, a student from this town at Montpelier seminary, is in the hospital there ill with tonsillitis.

The Baptist Ladies' Aid society held a food sale at W. H. Lundman's Thursday of last week, which proved a success.

Mrs. Mamie Nelson returned last week from a seven days' visit in Brattleboro, and Luella Nelson from a visit in South Newfane.

John Cobb of Los Angeles, Calif., who spent a part of his boyhood here is visiting friends and relatives in Bondville and this place.

Mr. and Mrs. Emmett Tuttle have returned from their year's work in Plainfield and will move into the house vacated by I. Rush.

The village schools began Monday with Mrs. Gertrude Leaman teaching in the grammar school and Miss Blanche Fairbanks in the primary.

Wesley Severance, a popular blacksmith here, married last week Mrs. Florence Lockwood of Langdon, N. H. They are keeping house in one of the tenements in J. W. Rawson's house.

An Easter concert by the children with special music by the choir took the place of the regular morning service in the Baptist church Sunday. There was special Easter music by the choir in the Methodist church.

People here were saddened by the news of the death of John Busch of Wakefield, Mass., from an explosion last Sunday, as he was well known in this locality. His wife is a native of Bondville.

His mother, Mrs. W. D. Leonard, and her brother, D. A. Leonard, still live there, and a brother, P. M. Leonard, a merchant, living in this town.

A single nest of the Australian bush turkey has been found to weigh five tons.

AN AID TO SORE FEET

For sore, tired, aching feet, reduce the inflammation that causes itching, burning and swelling by applying Minard's Instant as directed. Any drugstore will supply you with a bottle of this wonderful, deliciously creamy ointment. It soothes and cools, does not stain and is absolutely effective because of its healing, antiseptic properties. It gives relief quickly. It takes you from foot misery.

NEWFANE.

Mr. and Mrs. Homer Ambrose are ill this week.

There are six prisoners in the county jail this week.

Mrs. O. R. Wright is still ill and confined to the house.

Edmund Cherie has returned to his school in Staten Island.

Mrs. M. P. Benson is improving from her illness of last week.

Miss Winnifred Maher is working as waitress at the Newfane Inn.

Miss Maud Howard visited friends in West Townshend Saturday.

Mrs. J. P. Whitaker was taken very ill last Thursday, but is slowly gaining.

Mrs. George Goodenough of Athol is visiting in the home of her son, Delbert Rhoades.

Mrs. W. C. Radloup spent Easter with her sister, the wife of Dr. Will Lyman, in Burlington.

Arthur Kent has returned to Worcester, Mass., to work on account of the illness of his sister, Amy.

Mrs. Milington, wife of Dr. Milington of South Londonderry, was a guest last week of Mrs. H. J. Batchelder.

Harry Magoon of South Londonderry was a guest over Sunday in the home of his sister, Mrs. Fred Smith.

Herbert Magoon has finished work at the Tibbets steam mill and has returned to his home in South Londonderry.

George G. Smith, Mr. and Mrs. Frank Pierce and Mrs. Annie Johnson of South Londonderry have been guests of Mrs. Viola Chase.

Dr. Clifton D. Howe is home from Toronto university to spend the summer in the home of his parents, Mr. and Mrs. M. O. Howe.

A large number from this place attended the drama, The Squire's Daughter, which was so well played in Townshend last Friday evening.

The lodges of the Odd Fellows and Rebekahs have been invited and will attend the Congregational church next Sunday morning in a body.

Walter J. Wright, who came home last week Thursday for Easter, returned Sunday to Bridgeport, Conn., making the trip on his motorcycle.

L. H. Whitney is at work as carpenter at the Townshend Inn in Townshend, where repairs are being made by the new proprietor, Sherman Willard.

Miss Loina Davis, who has been working for Mrs. James Betterley on Dummerston hill, has returned to assist in the household of John F. Whitaker.

Mrs. Baker, who has just come to her new home, will succeed Miss Mary McIver as carrier of the pupils for the south part of the village to the village school.

Raymond Kent has a pet skunk which was presented to him by Alfred Patch, who recently caught it in a box trap in his henhouse. The animal is so tame that it can be handled like a kitten.

The W. C. T. U. will hold a regular meeting in the church vestry Friday afternoon. The afternoon will be entirely given to the work of surgical

dressings. Everyone is invited to be present.

Sympathy is expressed for Mr. and Mrs. Arthur Perry in the loss of their infant daughter, born at 12 o'clock Tuesday morning, whose death occurred at 5 a. m. the same day. A private service was held in the home Wednesday, Rev. Charles W. Mock officiating.

Miss Edna Wilson is home from Leeland and Gray seminary, ill with measles. She is being cared for in the home of Charles Hescok, as members in the family of her father, William Wilson, have never had the disease and precautions have been taken to prevent the spread of it in the Union school district, where Miss Wilson lives.

The Larkin Social club met Friday evening with Mrs. L. H. Higgins, where they were delightfully entertained. Place cards and decorations were suggestive of Easter. This was the last meeting of the year and the club was reorganized for the coming year with 19 members. Mrs. W. T. Bruce being the next in order to entertain.

Clarence C. Hamilton, who has been for several years Ohio's popular and successful field secretary, has completed a successful six months' campaign for the "Millions Campaign," with special emphasis on the Christian Endeavor world goal in Ohio, New York, Illinois, Michigan, Indiana and Pennsylvania, and has now been secured for a campaign in the New England states. Mr. Hamilton will tour Maine, New Hampshire and Vermont during April and May and come in contact with practically every local union and county organization in these states. He will speak in Newfane, in the Congregational church Wednesday evening, May 3. All are invited to hear him.

A good number attended church Easter Sunday, despite the cold and rain. The church was very prettily trimmed with potted plants and a profusion of cut flowers. Among them was a beautiful bouquet of carnations from Mrs. Rosella Kenney, sent as a birthday gift from her sister-in-law, Mrs. Richard Kilder of Worcester.

Easter lilies by the Christian Endeavor society and Mrs. W. H. Newton, and other flowers from Mrs. M. P. Benson and Mrs. H. M. Hescok. An excellent sermon was preached in the Congregational church by the pastor, Rev. Charles W. Mock, and special music was rendered by the choir. The flowers were sent after the services to the sick and shut-ins.

A pork barrel court house in the hand is worth an ammunition factory in the bush.

Patrick O'Brien, former Chicago burglar, is now conducting a rescue mission.

ASK FOR and GET
HORLICK'S
THE ORIGINAL
MALTED MILK
Cheap substitutes cost YOU same price.

Reference was made last week to Charles A. Charter of Hypoxazo, Florida, who signs himself "Governor of Hog Island" (having made a great success in raising hogs) and who with a carload of fine stock attended the Palm Beach county fair at Palm Beach in March. Later papers state that Mr. Charter won numerous blue ribbons, also the sweepstakes prize of \$100 for his exhibits of thoroughbred hogs and shoats.

SOUTH NEWFANE.

Rev. and Mrs. F. M. Wiswall were visitors Monday at Dr. John S. Stratton's.

Mr. and Mrs. D. S. Dorrell have rented John A. Kelsey's cottage and are moving into it this week, the place which they rented early in the year having been sold.

Herbert Brown and family will move to the Arthur Miller farm in West Brattleboro about May 1. Dana Dutton, of whom Mr. Brown has been renting, will look after his farm this year.

The Easter supper served by the young people in the vestry Tuesday evening was well patronized. The proceeds were added to the fund which is being accumulated for the cement steps at the church.

Mrs. Lee Love was in Brattleboro Tuesday and Mrs. P. A. Kelly Wednesday evening and Thursday and attended the meetings of the New England district of the Woman's Baptist Foreign Mission society in the Baptist church.

Rev. P. S. Contois of South Windham, who assisted Rev. E. A. Kelly in holding services in West Dummerston last week, was a guest at the parsonage Monday. From here, Rev. Mr. Contois drove to Whiteingham, where he formerly was located.

The automobile stage made its first trips of the season between East Dover and Williamsville station Friday. It was a welcome sight and brings the mail some 20 minutes to half an hour earlier morning and evening. The automobile had a vacation from about the middle of December.

The West River Valley Baptist minister's conference will be held in the Baptist church next Tuesday. In the afternoon Rev. P. S. Contois will preach a sermon, to which the public is cordially invited. Also there will be a meeting in the evening to which all are invited. Rev. R. B. Davis of Putney will give the evening address.

Ebenezer N. Stratton of Suffield, Conn., came Friday to visit his father, Deacon E. M. Stratton, who has been seriously ill several days. Mr. and Mrs. George F. Whitney and Mrs. Edward V. Morse of Brattleboro also visited him Sunday. Mrs. Morse and son, Stratton, remained for a few days to assist her sister, Mrs. C. E. Brown, in the care of their father.

The Easter services were held Sunday morning in the church instead of the usual preaching service. The choir led the singing by the Sunday school and rendered an Easter anthem. Rev. E. A. Kelly read a short Easter story. There were recitations and songs by beginners, primary and junior members of the school. The decorations were of white crepe paper and potted plants.

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